

# Cool the Planet Bite by Bite

Second Sydney VeganExpo

*Featuring*

**Deni Hines**

singing *5 Days of Rain* from her new album

**Jonathan Balcombe**

author of *Pleasurable Kingdom*

**Lindsay McDougall**

from Frenzal Rhomb

**Lee Rhiannon** The Greens

**Pierce Cody** Macro Wholefoods

**Brian Sherman** Voiceless

**Pete Ahh** and much more!

Help your planet  
bite by bite  
choice by choice



**your health**  
**your planet**  
**without harm**

Exciting entertainment, fascinating speakers,  
great stalls and fantastic vegan food!

Sponsors: Inika, National Australia Bank, Australian  
Vegetarian Society, Happy and Health Foods,  
Abundant Garden, Macro Wholefoods Market

**Sunday 22 July 2007**

10am-4pm

Petersham Town Hall

107 Crystal Street,

Petersham

\$5 entry

*Vegan Society NSW*

[www.vegansocietynsw.com](http://www.vegansocietynsw.com)

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## 10 facts: Global warming and your diet

1. The average meat eater is responsible for 1.5 more tons of global warming gases per year than a vegetarian.
2. Animal farming generates more greenhouse gas than transport.
3. Changing your diet will make more difference than changing from a standard sedan to a hybrid car.
4. Animal farming is responsible for 18 percent of all greenhouse gas emissions, including 37 percent of human-induced methane (23 times as warming as carbon dioxide) and 65 percent of human-related nitrous oxide (296 times as warming as carbon dioxide).
5. Methane cycles out of the air in just eight years, so that lower methane emissions quickly translate to cooling of the earth.
6. 70 percent of rainforests in the Amazon have been cleared for grazing. In Australia, hundreds of million of tons of greenhouse gas emissions are caused by land clearing for grazing.
7. Meat and dairy production uses huge amounts of water, causes air and water pollution, uses fuel, causes soil erosion.
8. Livestock use 30 percent of the earth's entire land surface.
9. 33 percent of the global arable land is used to produce feed for livestock.
10. Along with driving less, going vegetarian is probably the biggest thing you can do to lessen your impact on this planet.

Sources: Report by United Nations Food and Agriculture Organization (FAO);  
Noam Mohr, report for EarthSave International.

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